

<p>Myself & My Relationships Beginning and Belonging (BB F)</p> <ul style="list-style-type: none"> • How am I special and what is special about other people in my class? • What have I learnt to do and what would I like to learn next? SR • How do we welcome new people to our class? • What can I do to help everyone in our classroom feel safer and happier? • How can I play and work well with others? SR • How can I show I am listening to an adult? SR • What can help me to follow instructions? SR 	<ul style="list-style-type: none"> • Belonging in the class • Likes and dislikes • Similarities and differences • Setting goals • Listening skills • Rights Rules and Responsibilities • Communication & cooperation • Ground Rules • Right and wrong • Fair and unfair
<p>Myself & My Relationships Family and Friends (FF F)</p> <ul style="list-style-type: none"> • Who are my special people and why are they special to me? BR • Who is in my family and how do we care for each other? BR • What is a friend and how can I be a good one? BR • How do I make new friends? BR • How can I respect my own needs and the needs of others? BR • How can I make up with friends when I have fallen out with them? BR • How does what I do affect others? BR • Do I know what to do if someone is unkind to me? SR 	<ul style="list-style-type: none"> • Families • Kindness, cooperation & turn taking • Friendship • Bullying • Conflict resolution • Telling an adult & asking for help • Being assertive • Networks of support • Supporting others
<p>Myself & My Relationships My Emotions (ME F)</p> <ul style="list-style-type: none"> • Can I recognise and talk about my feelings? SR • Can I recognise emotions in other people and say how they might be feeling? SR • Do I know what might cause different emotions in myself and other people? SR • How might I and others feel when things change? SR • What are some simple ways to help myself feel better? SR • How can I help other people feel better? SR • What could I do when things are difficult for me? MS 	<ul style="list-style-type: none"> • Identifying and managing emotions • Feelings, thoughts and behaviour • Fair and unfair • Loss and change • Empathy • Perseverance & resilience • Independence & asking for help
<p>Citizenship Identities & Diversity (ID F)</p> <ul style="list-style-type: none"> • Who are the people in my class and how are we similar to and different from each other? PCC • Who are the people in my family, and who are the people in other families? • What is especially important to my family and me? • What are some of the similarities and differences in the way people live their lives? PCC • What is life like in other countries? PCC • How can we value different types of people including what they believe in and how they live their lives? • How do we celebrate what we believe in and how is this different for different people? PCC 	<ul style="list-style-type: none"> • Similarities, difference and diversity • Respecting and valuing others • The way we live • Neighbourhood • Our beliefs • Routines, customs and traditions • Culture, race and religion
<p>Citizenship Me & My World (MW F)</p> <ul style="list-style-type: none"> • Who are the people who help to look after me and my school? PP • How can I help to look after my school? • How can I help to care for my things at home? • Where do I live and what are the different places and features in my neighbourhood? PCC • Who are the people who live and work in my neighbourhood, including people who help me? PP • How can we look after the local neighbourhood and keep it special for everybody? • What do animals and plants need to live and how can I help to take care of them? • What is money and why do we need it? 	<ul style="list-style-type: none"> • People and places • Family, school, neighbourhood • Jobs, roles and responsibilities • Helping and working together • Caring for living things • Local environments • Money
<p>Healthy & Safer Lifestyles My Body & Growing Up (BG F)</p> <ul style="list-style-type: none"> • What does my body look like? • How has my body changed as it has grown? • What can my body do? • What differences and similarities are there between our bodies? • How can I look after my body and keep it clean? MS • How am I learning to take care of myself and what do I still need help with? MS • Who are the members of my family and trusted people who look after me? • How do I feel about growing up? 	<ul style="list-style-type: none"> • Valuing the body • External body parts • My teeth • Similarities & differences • Self care skills • Change and responsibilities
<p>Healthy & Safer Lifestyles Keeping Safe (KS F)</p> <ul style="list-style-type: none"> • What are some situations where I need to think about how to keep myself safer? • Do I understand simple safety rules for when I am at home, at school and when I am out and about? • What are the clues my body gives me if I am feeling unsafe? MS • Can I say 'No!' if I feel unsafe or unsure about something? MS • Can I ask for help and tell people who care for me if I feel unsafe, worried or upset? SR • Who are the people who help to keep me safe? PP • What goes on to and into my body and who puts it there? MS • Why do people use medicines? MS • What are the safety rules relating to medicines and who helps me with these? MS 	<ul style="list-style-type: none"> • Assessing risk • Personal safety skills • Networks of Support • Safe and unsafe secrets • Safe and unsafe touches • Safer play & help when lost • Road Safety • Safe use of medicines • Medicines, pills, injections
<p>Healthy & Safer Lifestyles Healthy Lifestyles (HL F)</p> <ul style="list-style-type: none"> • What things can I do when I feel good and healthy? • What can't I do when I am feeling ill or not so healthy? • What can I do to help keep my body healthy? MS • Why are food and drink are good for us? MS • How can I make healthier choices about food? MS • What is exercise is and why is it good for us? • Why are rest and sleep good for us? 	<ul style="list-style-type: none"> • Healthy choices • My teeth • Food and drink • Exercise • Rest and sleep • Leisure time

Early Learning Goals 2021:

Prime Area: **Personal, Social & Emotional Development:**

SR - Self Regulation • MS - Managing Self • BR Building Relationships

Specific Area: **Understanding the World:**

PP - Past and Present • PCC - People, Culture and Communities

Bold text & initials = main link Initials only = contributes to